

# People Who Help Keep Me Healthy

Rock  
Steven C Music

## Intro

(Out of Time)

Doc - tors and den - tists, nurs - es, hy - gien - ists help me be health - y!

## Verse

(In Time)

1. I did-n't eat my break-fast. I real - ly don't feel good. Mom takes me to the clin - ic. I was pret - ty sure she would.

## Pre Chorus

The nurse wants to see how big my ton - sils are. She feels be - hind my ears, then takes a stick out of a jar.  
I have to say, "ah" with that stick on my tongue. I'm kind of glad when she's all done.

## Chorus

It's a good thing there are nurs - es to help me get health-y. It's a good thing there are nurs - es to help me get well.

## Pre Chorus

The doctor knows why I'm sick  
and why I'm moving slow.  
She tells me, "Take your medicine,"  
then back to bed I go.

## Chorus

It's a good thing there are doctors  
to help me get healthy.  
It's a good thing there are doctors  
to help me get well.

## Verse 2

You should see the dentist,  
especially when you're small.  
I go twice a year,  
in the spring and in the fall.

The hygienist checks my gums and teeth.  
I think it's kind of fun.  
I get a brand new toothbrush  
when the cleaning's done.

## Chorus

It's a good thing there are hygienists  
to help me stay healthy.  
It's a good thing there are hygienists  
to help me stay well.

## Pre Chorus

I was a little worried  
when the dentist saw my tooth.  
"Oh, my!" she said. "How can you eat?"  
It's so very loose."

Then suddenly my baby tooth  
was sitting on a tray.  
"Here's your tooth," she said,  
and all my worries went away.

It happened so fast.  
I can't even tell you how.  
But I feel much better,  
and I like my smile now!

## Chorus

It's a good thing there are dentists  
to help me stay healthy.  
It's a good thing there are dentists  
to help me stay well.

It's a good thing there are people  
to help me stay healthy.  
It's a good thing there are people  
to help me stay well.

I'm happy, healthy, well.

## Outro

(Out of Time)

Thank you doc - tors and den - tists, nurs - es, hy - gien - ists for help - ing me be health - y!